

Module Two Final Assessment

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| 1. Which of the following are Communication Pearls? Choose all that apply. | |
| A. | Setting |
| B. | Subsequent |
| C. | Infection |
| D. | Illness |
| E. | Knowledge |
| 2. The definition of a “Change in Condition” is a change in status, either physical or mental, that may signal that the resident is dying. | |
| A. | True |
| B. | False |
| 3. One goal of end-of-life planning is to divide up the resident’s property. | |
| A. | True |
| B. | False |
| 4. One goal of end-of-life planning is to make sure the residents’ wishes are honored. | |
| A. | True |
| B. | False |
| 5. An Advanced Directive is: | |
| A. | A document that can only be changed by the resident. |
| B. | A living will which communicates your wishes for end-of-life medical treatments. |
| C. | A legal document that must be signed in front of witnesses. |
| D. | All of the above |
| 6. Which of the following are facts about Advanced Directives? Choose all that apply. | |
| A. | They no longer apply if the patient regains the ability to make decisions. |
| B. | They expire within 72 hours. |
| C. | Emergency Medical Personnel cannot honor them. |
| D. | Once they are in effect, they can never expire. |
| E. | They include the division of the patient's estate. |

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| 7. _____ to making end of life choices include fear of death, guilt, disagreement among family members and lack of experience making difficult decisions. | |
| A. | Barriers |
| B. | Hurdles |
| C. | Motivation |
| D. | Inspiration |
| 8. Care providers can help families make difficult end-of-life choices by: Choose all that apply. | |
| A. | Speaking in terms the family can understand |
| B. | Reinforcing the facts |
| C. | Talking to the family “decision maker” |
| D. | Initiating end-of-life conversations |
| E. | Guiding the conversation so decisions get made |
| 9. End of-life care providers can break down barriers and help the family of a dying resident make difficult choices. | |
| A. | True |
| B. | False |
| 10. Match the religion to its beliefs about death. | |
| Religion | Belief |
| A. Buddhists | Death passage to everlasting life |
| B. Hindus | Dead resurrected in new world |
| C. Catholics | Dead resurrected in heaven or hell |
| D. Jews | Soul transfers to new body upon death. |
| E. Muslims | Body dies but the spirit is re-incarnated. |
| 11. Match the religion to its funeral practices. | |
| Religion | Belief |
| A. Buddhists | Body bathed, prayed over and buried |
| B. Hindus | Body bathed then cremated on funeral pyre |
| C. Catholics | Body bathed then buried Body buried after mass, wake, service |
| D. Jews | Body buried after mass, wake, service |
| E. Muslims | Body cremated |

| 12. Match the religion to its mourning practices. | |
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| Religion | Belief |
| A. Buddhists | Prayers once a week during 49 day period of mourning. |
| B. Hindus | 7 day mourning period called "Shiva". |
| C. Catholics | Community mourns for a week; widow for 4 months, 10 days. |
| D. Jews | Religions pictures covered, festivals and weddings avoided during mourning. |
| E. Muslims | Church, community support family |
| 13. Match the Communication Pearl to its description. | |
| Pearl | Description |
| Setting | Suggest to the family that they write an end-of -life care plan if one does not already exist. |
| Subsequent | Tell the family about the change in condition. |
| Knowledge | Find a private place where you can talk without interruption. |
| 14. Match the Communication Pearl to its description. | |
| Pearl | Description |
| Setting | Use short sentences, be honest and avoid medical jargon. |
| Knowledge | Give the family time to process what you said and to react. |
| Emotion | Talk to the charge nurse before you speak to the family to avoid a miscommunication. |
| 15. Match the Communication Pearl to its description. | |
| Pearl | Description |
| Invitation | Start the conversation by finding out what the family already knows. |
| Perception | Invite the family to guide the conversation. |
| Emotion | After you have told them about the change in condition, stop talking. |
| 16. Match the Communication Pearl to its description. | |
| Pearl | Description |
| Setting | Then tell the family about the change in condition. |
| Knowledge | Once the family knows what's going on, they'll ask, what happens next? |
| Subsequent | When you're ready, sit down with the family. |

| 17. Which of the following are goals of end-of-life planning? | |
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| A. | To do what is in the patient's best interest. |
| B. | To honor the resident's wishes. |
| C. | To avoid facing painful emotions. |
| D. | To overcome the fear of death. |
| E. | A and B |